

GROWTH MINDSET

Portfolio Directions

Dear educator,

Thank you for purchasing the Growth Mindset Portfolio for your students. My hope is that this portfolio will help educate your students about mindset while also developing and strengthening their own perspectives. Below, you will find directions for printing, assembling, and completing the portfolio.

Printing

This file is mostly black and white for easy printing. There are a few pages that are printed in color, but if need be, they can easily be printed in black and white, too. I would strongly suggest printing these pages single sided. Each student only needs ONE cover page. I created and printed a variety of styles so that students could choose the design that most appeals to them. The tabs are included for organizational purposes and correlate with the section cover pages. NOTE: These designs are adult coloring pages. Each page has a fun fact about coloring therapy and its benefits.

Assembly

There are MULTIPLE ways you can assemble this portfolio—it all depends on how you want to complete the unit.

The first option is to print the entire portfolio all at once and bind it with spirals at a printing store like Office Max or Staples. Another option is to require students to provide a binder and print off the sections one at a time or as necessary. If you don't plan on using every single activity, the second option is your best bet. For the tabs, print the TABS page, cut them out, and place them in the correlating squares of the cover pages.

Completion

There are directions on EACH of the activities for students and teachers to follow along with.

If completing the portfolio all at once, it would take about 2-3 weeks, depending on what you allow students to complete in class. This portfolio works really well as a beginning of the school year mindset unit to set the tone for the rest of the course. It also works well as an end of the year unit to prepare them for the next school year. Regardless of when you teach the unit, be prepared for a lot of deep conversation and growth from your students!



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